OCCLUSAL GUARD

Appliance Care Instructions

Restoration
DENTAL STUDIO

- **To clean your occlusal guard, use lukewarm water, and a mild, non-abrasive soap.** **Do NOT clean it with toothpaste.**
- **NEVER clean your occlusal guard with hot water!** **Hot water will warp the material and affect the fit of your appliance.**
- After cleaning your occlusal guard, allow it to air dry completely before storing it to prevent the buildup of bacteria and mold.
- **Always store your occlusal guard in a protective case when not in use.** This will help prevent damage and keep it clean.
- **Never leave your occlusal guard in hot environments**, such as cars or heaters, as this can cause it to soften or warp.
- Bring your occlusal guard to your routine dental cleanings to ensure that it still fits properly and hasn't been worn down. Over time, occlusal guards can become less effective if they change shape.
- Additional future dental work will change the shape of your teeth, which may require you to get a new occlusal guard made.
- When you purchase an occlusal guard, you are automatically enrolled in our Occlusal Guard Program. It is anticipated that occlusal guards will need replacement after a few years, and we aim to ensure that you are always prepared and cared for in terms of your investments and time. With our program, we can ensure that you are always protected.
    - ***Buy one, get one for $99:*** *Receive a discounted replacement occlusal guard at the time of your initial purchase.*
    - ***Future replacements for $199:*** *You MUST stay current with your regular dental cleanings to qualify!*

You may contact our office with questions or concerns at (219) 476-3100.