NEUROTOXIN

Post-Operative Instructions

Restoration
DENTAL STUDIO

Botox® & Daxxify®

- **Avoid touching, rubbing, or pressing on the injection sites for at least 24 hours.** This helps prevent the neurotoxin from spreading to unintended areas, which can lead to undesirable outcomes.
- **Avoid lying down or continuously bending over for ~4 hours** following your treatment to ensure that the neurotoxin stays in place.
- **Avoid vigorous activities or exercise for 24 hours** following treatment. Sweat and increased blood flow can affect the placement of the neurotoxin and may increase the chance of bruising.
- **Avoid hot showers, saunas, steam rooms, and tanning beds for 24 hours** following treatment, as heat can reduce the effectiveness of the neurotoxin.
- **Avoid alcohol, Aspirin, and other blood-thinning medications for 24 hours** following treatment, as these can increase the chance of bruising.
- Hold off on facials, chemical peels, laser treatments, and microdermabrasion for at least 1-2 weeks following treatment. Please consult with an esthetician for specific guidelines.
- While initial results may be visible a few days after treatment, it may take up to 7-14 days for the full results to be visible.

You may contact our office with questions or concerns at (219) 476-3100.